

Lesson Seven

How can I learn more about permaculture?

In this lesson you will find:

- A list of permaculture demonstration sites
- Information about a permaculture design course and how to obtain permaculture design apprentice certification
- A list of permaculture websites
- A list of permaculture books and articles

Permaculture demonstration sites

This is a list of communities and locations that are practicing permaculture or incorporating permaculture ethics and principles into their lifestyle.

- Village Homes in Davis, CA (<http://www.lgc.org/villagehomes/>)
- Valle Cielo in Santa Fe, NM
- Riverpearl Farm in Glen Rock, PA
- Heathcote Community in Freeland, MD
- Earthaven Ecovillage, Black Mountain, NC

Permaculture design course and certification

The course is offered at Heathcote in two formats, a two-week intensive course in a residential setting or an extended course with home study components interspersed with ten days of class meetings for hands-on work.

Go to www.heathcote.org for more information or call Karen Stupski at 410-343-DIRT.

Permaculture websites

1. www.heathcote.org
2. www.permaculture.net
3. www.permacultureinternational.org
4. www.attra.ncat.gov
5. www.permaculture.org.uk
6. www.networkhearth.org

Permaculture books and articles

*Those with asterisks are good resources to begin with.

Ecological design - general

Alexander, Christopher, et.al. 1977. A Pattern Language: Towns, Building, Construction.

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McHarg, Ian. 1969. Design with Nature. The Natural History Press.

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Morrow, Rosemary. 1993. Earth User's Guide to Permaculture. Kenthurst NSW: Kangaroo Press.

Seymour, John and Herbert Girardet. 1987. Blueprint for a Green Planet: Your Practical Guide to Restoring the World's Environment. New York: Prentice Hall.

Smyser, Carol A. Nature's Design. Emmaus, PA: Rodale Press.

Todd, John and Nancy. Bioshelter, Ocean Arks, City Farming: Ecology as the Basis of Design.

*Van der Ryn, Sim and Stuart Cowan. 1996. Ecological Design. Washington D.C.: Island Press.

Sustainability

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Bookchin, Murray. 1980. Toward an Ecological Society. Montreal: Black Rose Books.

Brown, Lester. 1981. Building a Sustainable Society. New York: W. W. Norton.

Meadows, Donella, Dennis Meadows, et.al. 1972. The Limits to Growth. New York: Signet.

National Research Council. 1999. Our Common Journey: A Transition Toward Sustainability. Washington DC: National Academy Press.

Revelle, Penelope and Charles. The Global Environment: Securing a Sustainable Future.

*Wackernagel, Mathis and William Rees. Our Ecological Footprint: Reducing Human Impact on the Earth. Gabriola Island, B.C.: New Society Publishers.

World Commission on Economic Development. 1987. Our Common Future. New York: Oxford University Press.

Ecological Restoration

*Sauer, Leslie Jones. 1998. The Once and Future Forest: A Guide to Forest Restoration Strategies. Washington, D.C.: Island Press.

Shelter systems

Anderson, Bruce. 1987. The New Solar Home Book. Andover, MA: Brick House Books.

Berthold-Bond, Annie. 1990. Clean and Green: The Complete Guide to Nontoxic and Environmentally Safe Housekeeping. Woodstock, NY: Ceres Press.

Borer, Pat and Cindy Harris. 1998. The Whole House Book: Ecological Building Design and Materials. Machynlleth, Powys, UK: Centre for Alternative Technology Publications.

Kennedy, Joseph, Michael G. Smith and Catherine Wanek, eds. 2002. The Art of Natural Building: Design, Construction, Resources. Gabriola Island, Canada: New Society Publishers.

Kern, Ken. The Owner Built Home.

*Kilbert, Charles, ed. Reshaping the Built Environment: Ecology, Ethics and Economics. Washington, DC: Island Press, 1999.

King, Bruce. 1996. Buildings of Earth and Straw: Structural Design for Rammed Earth and Straw-bale Architecture. Sausalito, CA: Ecological Design Press.

Mazria, Edward. 1979. The Passive Solar Energy Book: A Complete Guide to Passive Solar Home, Greenhouse and Building Design. Emmaus, PA: Rodale Press.

MacDonald, S.O. and Orien MacDonald. A Straw Bale Primer.

Nisson, J.D. and Gautam Dutt. 1985. The Superinsulated House Book. John Wiley.

Reynolds, Michael. Earthships, Volumes I - III.

Smith, Michael. 1998. The Cobber's Companion.

Rodale, ed. Solarizing Your Present Home. Emmaus, PA: Rodale Press.

University of Minnesota, Underground Space Center. Earth Sheltered Housing Designs, Guidelines, examples, references.

Van Dresser, Peter. 1977. Passive Solar House Basics. Santa Fe, NW: Ancient City Press.

Energy systems

Andrassy, Stella. 1978. The Solar Food Dryer Book. Earth Books.

Bainbridge. The Integral Passive Solar Water Heater Book.

Coffin, W. and R. Alward. 1986. A Design Guide for Underground Heat Storage Systems. Quebec: Brace Research Institute.

Fowler Solar Electric. 1989. The Solar Electric Independent Home Book.

Hinrichs, Roger A. 1996. Energy: Its Use and the Environment. Saunders College Publishing.

*Holmgren, David. "Energy and Permaculture," The Permaculture Activist 31, May 1994.

Inversin, Allen. 1986. Micro Hydropower Sourcebook. Intermediate Technology Group of North America.

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Saxenian, Mike and Ken Saxenian. 1986. Appropriate Technology Sourcebook. Stanford, CA: Volunteers in Asia.

Schaeffer, John, ed. 1992. The Alternative Energy Sourcebook: A Comprehensive Guide to Energy Sensible Technologies. Ukiah, CA: Real Goods Trading Corporation.

U.S. Government. Small Scale Wind, Hydro and Photovoltaic Systems. Washington, DC: U.S. Government Printing Office.

Water systems

Campbell, Stu. 1978. The Home Water Supply: How to Find, Filter, Store and Conserve It. NY: Bootstrap Publications.

Dunne, Thomas and Luna Leopold. 1978. Water in Environmental Planning. W.H. Freeman.

Ludwig, Art. Date? Builder's Greywater Guide: Installation of Greywater Systems in New Construction and Remodeling. Santa Barbara, CA: PIP Printing.

*Ludwig, Art. 1994. Create an Oasis with Greywater: Your Complete Guide to Managing Greywater in the Landscape. Santa Barbara, CA: PIP Printing.

Matson, Tim. 1991. Earth Ponds: The Country Pond Maker's Guide to Building, Maintenance and Restoration.

*Riley, A. L., et. al. 1981. Captured Rainfall: Small-Scale Water Supply Systems. California: Department of Water Resources, The Resources Agency.

Watt, S. B. 1984. Ferrocement Water Tanks and Their Construction. London: Intermediate Technology Publications, Ltd.

Waste disposal and nutrient recycling systems

Appelhof, Mary. 1982. Worms Eat My Garbage. Flower Press.

*Del Porto, David and Carol Steinfeld. 1999. The Composting Toilet Systems Book: A Practical Guide to Choosing, Planning and Maintaining Composting Toilet Systems, an Alternative to Sewer and Septic Systems. Concord, MA: The Center for Ecological Pollution Prevention.

EPA. 1988. Constructed Wetlands and Aquatic Plant Systems for Municipal Wastewater Treatment. Washington, DC: EPA Office of Research and Development. EPA/625/1-88/022.

EPA. 1980. Onsite Wastewater Treatment and Disposal Systems. Washington, DC: EPA Office of Research and Development. EPA 625/1-80-012.

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Harper, Peter and Louise Halestrap. 1999. Lifting the Lid: An Ecological Approach to Toilet Systems. Machynlleth, Powys, UK: Centre for Alternative Technology Publications.

*Jenkins, J.C. 1994. The Humanure Handbook: A Guide to Composting Human Manure. Grove City, PA: Jenkins Publishing.

National Small Flows Clearinghouse, West Virginia University, PO Box 6064, Morgantown, WV, 26506-6064. 1-800-624-8301. More than 200 publications.

TVA. 1991. General Design, Construction and Operation Guidelines: Constructed Wetlands Wastewater Treatment Systems for Small Users Including Individual Residences. Chattanooga: Tennessee Valley Authority.

Food production systems

Bell, Graham. 1994. The Permaculture Garden. London: Thorsons.

Coleman, Eliot. 1992. Four Season Harvest: How to harvest fresh, organic vegetables from your home garden all year long. White River Junction, VT: Chelsea Green Publishing Company.

Crawford, Martin. 1992. Directory of Useful Plants for Temperate Climates. Devon, UK: Agroforestry Research Trust.

Duke, James. 1992. Handbook of Edible Weeds. Boca Raton, FL: CRC Press.

Facciola, Stephen. 1990. Cornucopia: A Source Book of Edible Plants. Kampong Pub.

Fishman, Ram. 1986. The Handbook for Fruit Explorers. Chapin, IL: North American Fruit Explorers.

Fukuoka, Masanobu. 1978. The One-Straw Revolution: An Introduction to Natural Farming. Emmaus, PA: Rodale Press.

Hart, Robert. 1991. Forest Gardening: Cultivating an Edible Landscape. White River Junction, VT: Chelsea Green Publishing Company.

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Hunt, Marjorie and B. Bortz. 1986. High-Yield Gardening: How to Get More from Your Garden Space and More From Your Gardening Season. Emmaus, PA: Rodale Press.

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*Jeavons, John. 1974. How to Grow More Vegetables than You Ever Thought Possible on Less Land than You can Imagine. Palo Alto, CA: Ecology Action.

*Kourik, Robert. 1986. Designing and Maintaining Your Edible Landscape Naturally. Metamorphic Press.

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Smith, J. Russell. 1929, 1950. Tree Crops: A Permanent Agriculture. Island Press.

Tilth. 1982. The Future is Abundant: A Guide to Sustainable Agriculture. Arlington, WA: Tilth.

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Yepson, Roger. 1981. Home Food Systems: Rodale's Catalog of Methods and Tools for Producing, Processing, and Preserving Naturally Good Foods. Emmaus, PA: Rodale Press.

Culture and Social Organization

*Butler, C.T. and Amy Rothstein. 1991. On Conflict and Consensus: a Handbook on Formal Consensus Decisionmaking. Portland, ME: Food Not Bombs Publishing.

*Chinn, Peggy L. 1995. Peace and Power: Building Communities for the Future. New York: NLN Press.

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Eisler, Riane. 1987. The Chalice and the Blade. New York: HarperCollins.

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Urban Permaculture

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Register, Richard and Brady Peeks. 1997. Village Wisdom/Future Cities: The Third International Ecocity and Ecovillage Conference. Oakland: Ecocity Builders.

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